

Local Wellness Policies: Building a Team

Colorado Legacy Foundation
Summit

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Context of School Wellness Policies

- Federal – State - Local
- Child Nutrition Act of 2004
- State Legislation – SB 81 (2005)
- Sample District Policies – CASB
- Child Nutrition Act Reauthorization



State and Federal Laws and Local Control

- Colorado = “Local Control” state
- School Beverage Standard – 2008
- Vending Machine Guidelines – 2004
- Failed legislation on snacks, physical activity
- Federal Meal Standards
- Proposed Federal Legislation – 2009-10



Gilpin County School District Developing Wellness Policies

- State Law Encouraged District Action
- Go Ahead from School Board
- Superintendent, Principals
- Food Service Director



Gilpin County School District – Forming a Committee

- District Accountability Committee
- Parents, PTA
- Teachers
- Students
- County Public Health Department



District Policy – Part 1

- Vending, A la Carte, School Stores – Nutrition Standards
- Breakfast Offered
- Phase In – Later Full Implementation
- Committee Role – Monitoring
- Student Survey – Basis for Future Action



District Policy – Part 2

- Expanded Committee
- 2005-06 – Wellness Policy Required
- Used CASB Sample Policy as Base
- Committee Recommendations
- Policy Adoption that Spring



Lessons Learned

- Messages – Effects on Student Learning, Behavior and Health
- Funding – Not Big Impact
- Collaboration Needed
- Continuous Monitoring
- Increased Awareness

