



Gunnison High School

*Implementing unique classes for
elective credit in
Physical Education*

Mission Statement

- To provide students a diverse range of opportunities to fulfill the credit requirements for P.E.
- Offer high interest classes promoting lifetime recreational activities, developing positive attitudes and achieving beneficial effects on their personal fitness.

Outdoor Skills Class

- Intertwining clusters of: *Hard skills- psychomotor and cognitive; Soft skills- affective and cognitive; and Interdisciplinary- cognitive domain of learning.*
- *Content: Rafting, River Kayaking, Rock Climbing, Mountain Biking, Map & Compass, CPR and Basic Wilderness First Aid, Leave No Trace Minimum Impact Skills, Backpacking, Skiing, Affective Activities: voluntary service learning projects.*

Leo Malloy (lmalloy @ gunnisonschools.net)

- Procedures & Policies
- Field Trips (Baja)
- Class costs (\$170) 50%
- Clothing
- Fund raising
- Permits, transportation costs, food, maps
- Method of Instruction & Evaluation
- Risk Management plans
- Certifications
- Author of two books
- Personal Vehicle use
- Storage
- Substitutes for trips
- Use of personal equipment
- Permission slips
- Liability waivers
- Maintenance, extra personal time
- Community volunteers
- Former students & WSC rec majors

Content Specific Goals

- Appreciate the benefits of a physically active lifestyle.
- Know where to seek out further instruction and training in the pursuit of outdoor adventure based activities.
- Demonstrate sound judgment and decision-making skills.
- Identify what their strengths and limitations may be, as it relates to the pursuit of outdoor adventure based activities.
- Demonstrate an ability to move skillfully through a variety of activities.
- Recognize and appreciate the benefits of the interdisciplinary skills and exploration taught in an outdoor environment.
- Illustrate observation and focus skills, which will enhance proficiency in kinesthetic, academic, and life skills.
- Demonstrate kind, considerate, responsible social behavior in all outdoor adventure activities, whether they are physical or academic in nature.

Fishing & Archery for the Outdoorsman

(vwattier@gunnisonschools.net)

- Grant \$5,000 from Future Fisherman Foundation
- Grant \$3,000 from Colorado Division of Wildlife/ Wild Turkey Federation
- Donations and discounts from local sporting goods stores
- Community volunteers
- Federal agencies- Roaring Judy Fish Hatchery, CDOW, National Park Service, Forest Service BLM, local guides & outfitters, WSC
- Senior Civics project
- Certifications
- Use of private land waters
- Gunnison Sportsmen's Association membership (use of archery range)
- Join national and local organizations- Trout Unlimited, Federation of Fly Fisher's
- Fishing Licenses
- Class fee
- Liability waivers, permission slips
- Equipment maintenance
- Storage
- Transportation
- Collaboration /consult with other professionals

Curriculum Development

- Students will gain a better understanding of the safety issues associated with fishing and boating in our community.
- Students will gain a better understanding of the biology, habitat, conservation and regulations associated with fishing and boating in our community.
- Students will gain the necessary skills to effectively prepare for and engage in a successful fishing and boating trip.
- Students will gain a better understanding of becoming active stewards of our environment and wildlife.
- Students will participate in several on-the-water fishing and boating field trip experiences at a water site.
- Federation of Fly Fisher's
- National Archery in the Schools/CDOW
- Curtis Creek Manifesto
- Skills rubric's, written tests, journals. Civics project
- Course descriptions/approval-fall semester only jr. & sr. class limit 14.
- Personal efforts to keep P.E. alive, full classes by choices.
- Meet needs of all abilities and interests.

Key Questions

- Support from admn.
- Qualified instructors
- Independently funded
- Start small, build program slowly
- Implement unit in another class
- Standards based
- Accountability
- Evaluation
- Surveys
- Media coverage







10/08/2008

